

GURU NANAK INSTITUTE OF PHARMACEUTICAL SCIENCE &
TECHNOLOGY

157/F Nilgunj Road, Panihati, Kolkata 700114

Ref No. GNPST/ Nabachatana Yoga/ Meditation Club/41000/2024/

Date: 17.12.2024

NOTICE

Celebration of World Meditation Day 2024

We are delighted to announce that the Naba Chetana Yoga and Meditation Club will be celebrating World Meditation Day on 20th December 2024 at GNPST auditorium. This global event, recognized by the United Nations for the first time, highlights the importance of meditation in fostering peace, well-being, and global harmony.

Event Details:

- **Date** : 20th December 2024
- **Time** : 12 noon onwards
- **Venue** : GNPST Auditorium

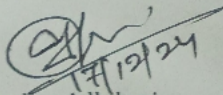
We invite all students to participate in this enriching event. Engage in diverse meditation practices, guided sessions, and insightful discussions aimed at enhancing your mental well-being.

Registration:

Students interested in participating are requested to register by submitting this Google Form.



Join us in celebrating the serenity and peace that meditation brings to our lives. We look forward to your enthusiastic participation!


17/12/24

Tushar Adhikari

Member Secretary

Naba Chetana Yoga and Meditation Club

Guru Nanak Institute of Pharmaceutical Science and Technology

